

▶ Spare Time 1

▶ GROWING OURSELVES 1

▶ Follow Through ..2

The Positive Perspective

ENTHUSIASTIC ENCOURAGEMENT FOR POSITIVE ACTION.

"If the goal is worth the reward, be prepared to take the steps necessary to get there."
- Bob Brumm

Spare Time

As I was driving my son home from practice the other day I noticed something that really intrigued me. As many teenager in our society, he has a cell phone that he can get different applications and games on. Now before you go off to the negative side of this, let me explain. Because I have been there as well and have seen many things kids get on their phone that they don't need. However, my son was playing a game of scrabble on his phone. Yes scrabble. I thought now that is a productive use of your time to expand your knowledge. Not to mention it gave me the opportunity to talk to him about the game and he asks me about some words he needs, expanding and sometimes taxing my brain.

The question that this triggered in my minds was "What do we do in our SPARE time?" Or do you really have spare time?

I can hear many responses saying "I don't have any spare time", "I'm too busy", etc. etc.

Zig Ziglar would talk about your spare time. He would talk about giving up an hour a day of TV, Using drive time (Automobile university), getting up earlier in the morning. He could show you how to gain 6 weeks of spare time each year.

What are you doing with your "SPARE" time? Talking on the cell phone while you're driving? Perhaps we can use that time to improve our knowledge with CD's and audio learning programs. Have meaningful conversation with yourself or another person in the car. Let's utilize the time we have to improve ourselves. Because time lost cannot be regained.

How Can I Help You?



Growing Ourselves & Others

How have you been growing yourself? This month I have been studying "Excuses Begone!" by Dr. Wayne Dyer. Great information and actionable solutions. I also have more Action Star interviews. This month includes the real estate drill sergeant, **Franklin Cruz**.

As I grow, I want to share with you. If you're looking for Enthusiastic Encouragement for Positive Action at an upcoming event, (Orientations, staff development, PTA), please feel free to contact me at info@bobbrumm.com. You can also reach me through Facebook, LinkedIn and Twitter.

Follow Through

An article from the thoughts of
Bob Brumm



I hope you enjoyed the last article
Personal Development.

This month, I would like to remind everyone about the value of Following through.

As I watched my sons and others at baseball practice, I found myself saying they need to follow through on some of their swings.

Then I started to think, what about me? Where do I need to follow through? With my projects, my honey-do lists, my goals, contacting people. How about you? Where can you start, continue or re-start your follow through efforts for what you want?

We can all come up with "valid" reasons why we may not follow through like; "I forgot, I got busy, they never responded, I don't have the money" etc. etc. etc. these are all "excuses that Dr. Wayne Dyer talks about in his great book - "**Excuses Begone!**" I highly recommend you read this book.

How many times have you heard a request by your children to do something and you have to put them off due to work, "emergencies", or others scenarios. Have you ever followed through with them to see if they want to do it when you're done doing what you "had" to do? My youngest son used to ask me daily about jumping on our trampoline, I stopped making excuses and we just go out and jump for 15 - 20 minutes. He has a great time, I get to giggle a lot and we get time together and exercise. Imagine if we all tried to do this all the time. As Dr. Dyers book title states, **Excuses Begone!** Get rid of the excuses and follow through. If you have to put something off, write it down to get back to it or text yourself, send yourself a delayed sent e-mail. I have a half built model car that one of my sons and I were building a couple of weeks ago sitting on a table in my office that reminds me to take him to get silver paint so we can paint it. Guess what I am doing with him tonight. Imagine your reaction as a customer if

you did or didn't follow through? I don't like it when vendors don't follow through with requests I have made. At least call me to let me know a status or whether you can or can't do something.

These are all skills we can teach our kids from the time they are little through sports, school and dealing with people. Follow through when you have pending tasks. Life will get in the way sometimes but just like in baseball, to get a good hit, you need to follow through on the swing so the bat can do the work. If you stop short, so will the ball and you will get out in a baseball game. In life we will "get out" because relationships will crumble and your reliability factor will diminish. This doesn't sound very good to me.

We can correct this path by not making excuses or replacing them with ACTION. Sometimes these actions are hard, but the results will and are great. Focus on what can be and that will carry you through so you can follow through.

ENCOURAGING WORDS:



"I refuse to lower my standards to accommodate those that refuse to raise theirs."

Steve Gamlin

"Rudeness is a weak person's imitation of strength."

Eric Hoffer

"Success is the prize for those who stand true to their ideas!"

Josh Hinds

"Unless you walk out into the unknown, the odds of making a profound difference in your life are pretty low."

Tom Peters

I encourage you to review my web site which includes:

- 4 Books
- Newsletters
- Speech downloads & videos
- Articles/News releases
- Free chapters of my books
- Testimonials from valued clients
- Healthy Lifestyle improvements

If you are looking to energize your group with enthusiasm, I would love to be considered to speak at your upcoming events.

The Positive Perspective

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How Can I help You?

BOB BRUMM

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"ACTION STAR" INTERVIEWS ARE NOW AVAILABLE

