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The Positive Perspective

ENTHUSIASTIC ENCOURAGEMENT FOR POSITIVE ACTION.

"If the goal is worth the reward, be prepared to take the steps necessary to get there."

- Bob Brumm

Lazy

It's here, it's here! December is here and all the holiday cheer.

Where has all the time gone this year? Were you able to get what you wanted to get done this year? Or did life run you over again this year so your goals and accomplishments got pushed to the side? This doesn't happen all at once. This can occur when you let something just nudge you away from accomplishing your goal a little bit each day.

This may be hitting the snooze button, saying to yourself, "I'll work out tomorrow", or "One more chocolate won't hurt". As Jim Rohn used to say, "What is easy to do, is easy Not to do." We can't be lazy in life and just let things that push us off course a little bit each day in our life.

Laziness is not an option for us to accomplish our goals. Laziness is not an option for our society today

as we can see the results when we get lazy, things don't get done, laundry piles up, bill collectors start to call and our productivity goes down.

Laziness is not any excuse for our society nor for us as individuals. We all have greatness within us given to us by our creator, we need to take the necessary steps to utilize that greatness every day.

What if a squirrel or ant was lazy? Then when winter came about they would starve. We don't need to go hungry or starve figuratively because we did not take steps every day to accomplish our goal.

If you want to lose weight, start today by walking a block, next week two blocks, or call one new client today and continue that for a week. Next week call two or three new clients every day.

If the goal is worth the reward, be prepared to take the steps necessary to get there.

How Can I Serve You?



Growing Ourselves & Others

How are you growing yourself? This month I am reading "**Leadership Step by Step**" by Joshua Spodek. This book walks you through a learning process with activities to help you understand leadership and traits to look for and to achieve in yourself in order to lead others.

As I grow, I want to remind you; if you're looking for Enthusiastic Encouragement for an upcoming event, (Commencements, Corporate Conferences, staff development, PTA, Team Meetings, or professional coaching), **contact me at info@bobbrumm.com** Facebook, LinkedIn, Twitter or **www.bobbrumm.com**. I am always willing to "Inspire Audacity".

Life

An article from the thoughts of
Bob Brumm

I hope you enjoyed the last article **I Don't Know**.

This month I want to write about "Life" or at least some items that will affect and shape your life.

This time of year, people often reflect on what occurred over the current year, what they achieved and what they may need to get in line for the coming year. Goal setting or planning sessions may occur in corporations and for teams.

But are you personally reviewing, planning and setting goals BEFORE the new year starts? This time of year is a good time to get things in motion so you start January 1 with your wheels already moving forward.

This time of year, also gives us time to reflect on what we did or did not achieve. The key is to not dwell on what you didn't achieve but reference and learn from those events.

In life, there are no guarantees, except three: Death, Taxes and Change. We will all end up in a box big or small, we are not in this world permanently. We all get taxed coming or going and things will change. We must accept these facts and plan accordingly. The life we have was never promised as an easy, no issues path. Your either coming out of a problem or you're going into another

one. Life is hard and we need to build our "life muscles" to get through the issues that come up.

My life has certainly not been any cake walk. Starting with the loss of my mother at age 6, I realized none of us are permanent on this earth. Also, our life choices can limit how far we go.

I have studied very hard for many tests and yet did not pass them. Only to be determined again to study harder and eventually pass to get what I initially wanted.

Our choices in life will help us to get through life struggles and allow us to grow. We learn from what occurred, what we did or did not do and what we can do to achieve what we want. Not to mention, if we see our initial choice takes us in a direction we do not like, we can change our direction by changing what we do, what we focus on and what we think.

The reality of life we need to comprehend and explain/teach to our future generation is; that life is hard and we/you are not the center of the universe. No one owes you anything! The goals that you want

are yours and your actions, thoughts and determination will get you what you need. We cannot expect anyone else to give us anything.

To achieve the greatness that is within each of us, we need to expand our minds, build our determination, understand the issues that may occur on our journey and be prepared for these items.

The Boy Scout motto "Be Prepared" is good for more than just the Scouts. We need to be prepared for life to kick us in the stomach and kick us when we are down, only to strengthen our faith and determination to achieve.

We are all here for a purpose have great capabilities within us. We need to believe that we have these abilities and that we can accomplish great things.

This time of year is a great time to realize the value of life and how it strengths us every day.

As I have gotten older my faith has strengthened, my life lessons have increased and my determination has improved. How about you?

HOW CAN I SERVE YOU?

ENCOURAGING WORDS:



"When you stop learning, your brain begins dying, Aging is optional."

Dr. Daniel Amen

"When you open your mind, you give your imagination freedom to act for you. You utilize the gift of vision"

Napoleon Hill

"Discipline equals freedom. Exercise self-control at all times."

Jocko Wilink

"It doesn't matter who you are today. It only matters who you are willing to become."

Tom Bilyeu

Carpe Diem (Seize the Day).
Horace

I encourage you to review my web site which includes:

- 6 Books
- Newsletters
- Speech videos, articles
- Previews of my books
- Testimonials from valued clients

If you are looking to energize your group with enthusiasm, I would love to be considered to speak at your upcoming events.

The Positive Perspective

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